

AURA

HEALTH | WELLBEING | RETREAT
AT BOWFIELD

SIGNATURE ISHGA TREATMENTS

ISHGA REJUVENATING FACIAL	50 MINS	£69
ISHGA INVIGORATING FULL BODY MASSAGE	50 MINS	£69
ISHGA DETOXIFYING SEAWEED BODY WRAP	50 MINS	£69
ISHGA SALT & OIL POLISH	50 MINS	£69

SIGNATURE ESPA TREATMENTS

BACK, FACE & SCALP TREATMENT WITH HOT STONES	120 MINS	£110
MINDFUL MASSAGE	90 MINS	£80
ESPA MATERNITY PRE & POST NATAL TREATMENT	50 MINS	£65

SPA PACKAGES

ISHGA INVIGORATING PACKAGE	75 MINS	£115
ESPA RELAXATION TASTER PACKAGE	50 MINS	£90
YUMMY MUMMY PACKAGE	120 MINS	£150
BLUSHING BRIDE TO BE PACKAGE	120 MINS	£120

MASSAGE TREATMENTS

REIKI	60 MINS	£60
REFLEXOLOGY	50 MINS	£65
SWEDISH MASSAGE	50 MINS	£65
SPORTS MASSAGE	50 MINS	£65
FULL BODY HOT STONE MASSAGE	50 MINS	£65
CLINICAL AROMATHERAPY MASSAGE	75 MINS	£80
PERSONALISED MASSAGE	50 MINS	£65

FACIAL TREATMENTS

SKIN RADIANCE FACIAL	50 MINS	£65
SKIN PURIFYING FACIAL	50 MINS	£65
RE HYDRATOR FACIAL	50 MINS	£65
PERSONALISED FACIAL	50 MINS	£65

TINTING & EYE TREATMENTS

EYEBROW SHAPE	15 MINS	£10
EYEBROW TINT	15 MINS	£14
EYELASH TINT	15 MINS	£14
COMPLETE EYE PACKAGE	45 MINS	£32

MAKE UP

SPECIAL OCCASION MAKE UP	60 MINS	£40
TRIAL & SPECIAL DAY MAKE UP	120 MINS	£60

GENTS SIGNATURE TREATMENTS

ISHGA ACTIVE EXPERIENCE	50 MINS	£65
BE COCOONED EXPERIENCE	50 MINS	£65
REGENERATION EXPERIENCE	50 MINS	£65

GENTS TREATMENTS

INVIGORATING MASSAGE	50 MINS	£65
INVIGORATING MASSAGE	25 MINS	£35
BACK TREATMENT	50 MINS	£65
BACK TREATMENT	25 MINS	£35
SEAWEED FOOT EXPERIENCE	50 MINS	£65
SEAWEED FOOT EXPERIENCE	25 MINS	£35
HAND & FOOT REVIVER	50 MINS	£65
HAND & FOOT REVIVER	25 MINS	£35

HAND & FOOT TREATMENTS

EXPRESS MANICURE, LACQUER/GEL	30 MINS	£25
SIGNATURE MANICURE, LACQUER/GEL	45 MINS	£35
PAMPER MANICURE, LACQUER/GEL	60 MINS	£45
EXPRESS PEDICURE, LACQUER/GEL	30 MINS	£25
SIGNATURE PEDICURE, LACQUER/GEL	45 MINS	£35
PAMPER PEDICURE, LACQUER/GEL	60 MINS	£45
GEL REMOVAL	30 MINS	£20

ADD ON TREATMENTS

TAILORED EXPRESS FACIAL	25 MINS	£35
HEAD & SCALP MASSAGE	25 MINS	£35
LIFT & FIRM EYE TREATMENT	25 MINS	£35
BACK, NECK & SHOULDER MASSAGE	25 MINS	£35
FOOT REVIVER MASSAGE	25 MINS	£35
SALT & OIL BODY POLISH	25 MINS	£35

WAXING HOT/CREAM WAX

FULL LEG WAX	60 MINS	£25
1/2 LEG WAX	30 MINS	£20
BIKINI WAX	15 MINS	£10
UNDER ARM WAX	15 MINS	£10
LIP WAX	15 MINS	£10
LIP & CHIN WAX	20 MINS	£15
FULL LEG & BIKINI WAX	75 MINS	£40

GENTS WAXING

CHEST WAX	30 MINS	£25
BACK WAX	30 MINS	£25
BACK & CHEST WAX	60 MINS	£40